

Sicilian Circle

(A progressive circle dance for as many as will,
danced in sets of two couples)

Setup:

Form a two couple set, with another couple. Stand in a circle with the other two couple sets, so you can walk, either clock wise, or counter-clockwise, past the other couple in your set and on to the next couple.

The Dance:

Right and Left across the set and back again.

([1] Walk across the set, women on the inside passing left shoulders and gentlemen on the outside, passing RIGHT shoulders with their Vis-à-vis;

[2] face our partner and pass LEFT shoulders on the sam side of the set;

[3] face your vis-à-vis, walk across the set, women on the inside, passing LEFT shoulders and gentlemen on the outside, passing RIGHT shoulders, with their vis-à-vis;

[4] face your partner and pass LEFT shoulders on the same side of the set; you have now returned to place.)

Balance' your partner. Left two hand turn your partner, once around.

Ladies Chain across and back (full ladies chain) (ladies right hand to each other, left hand to the gentlemen).

Forward and Back to the vis-à-vis couple.

Forward and pass through on to the next couple (drop hands, walk across the set, women on the inside, passing LEFT shoulders and gentlemen on the outside, passing RIGHT shoulders, with their vis-à-vis.)

You have now progressed. Repeat the figure, with the couple facing you.

Note: Always walk in the same direction, around the circle. If you are facing clockwise, continue to walk clockwise on to the next couple. If you are facing counter-clockwise, continue to walk counter-clockwise on to the next couple.