

Soldier's Joy

(A progressive circle dance, for as many as will,
danced in sets of two couples)

Setup:

Form a two couple set, with another couple. Stand in a circle, with the other two-couple sets, so you can walk wither clockwise, or counter-clockwise, past the other couple in your set, and on to the next couple.

The Dance:

Forward and back to the vis-à-vis couple. Swing your vis-à-vis in the waltz position.

Balance' your partner. Two hand turn your partner to the left, once around.

Ladies Chain across and back (full ladies chain) (ladies right hand to each other, left hand to the gentlemen).

Forward and back to the vis-à-vis couple.

Forward and pass through on to the next couple (drop hands, walk across the set, women on the inside, passing LEFT shoulders, and gentlemen on the outside, passing RIGHT shoulders with their vis-à-vis).

You have now progressed. Repeat the figure with the new couple facing you.

Note:

Always walk in the same direction, around the circle. If you are facing clockwise, continue to walk clockwise, on to the next couple. If you are facing counter-clockwise, continue to walk counter-clockwise, on to the next couple.