## Spanish Dance

## (also known as the Spanish Waltz)

(a progressive circle dance for as many as will, danced in sets of two couples)

(Start with your partner facing another couple in a circle looking in the direction of the circle)

<u>1</u> - 2 - 3

2 - 2- 3

3 - 2 - 3

4 - 2 - 3

Balance forward Balance back Balance forward

take hand of vis-a-vis

and underarm turn 90°

(Standing with your vis-a-vis facing your partner looking either in or out of the circle)

1 - 2 - 3

2 - 2- 3

3 - 2 - 3

4 - 2 - 3

Balance forward Balance back Balance forward take hand of partner

and underarm turn 90°

(Standing with your partner facing your vis-a-vis looking in the opposite direction of the circle)

1 - 2 - 3

2 - 2- 3

3 - 2 - 3

4 - 2 - 3

Balance forward Balance back Balance forward

take hand of vis-a-vis and underarm turn 90°

(Standing with your vis-a-vis facing your partner looking either out or in of the circle)

1 - 2 - 3

2 - 2- 3

3 - 2 - 3

4 - 2 - 3

Balance forward Balance back Balance forward

take hand of partner and underarm turn 90°

(You have now returned to your original position)

Men take right hands across, Women take right hands across to form a "right hand star" (men's hands on top). Rotate star once clockwise.

Men take left hands across, Women take left hands across to form a "left hand star". Rotate star once counter-clockwise.

Couples waltz counter-clockwise 1 and 1/2 times around the opposite couple in their own twocouple set and progress to the next couple (8 measures of music, progress in the direction you were facing when you started the dance; one half of the couples are moving clockwise around the room and the other half counter-clockwise).

Repeat all; repeat all; repeat all...

## Notes:

To execute the underarm turn: men, lift your arm up; women, walk under the lifted arm into his place; men fall to the left of the women.

If you think of the set as forming a square, during the balance section each couple will dance on each side of the set. When dancing with your partner, you will face either clockwise or counter-clockwise in the circle; when dancing with your vis-a-vis you will face either into the circle or out of the circle.